



Nycil News

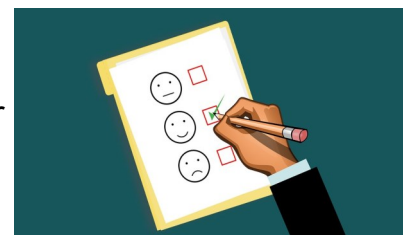
ISSUE 2
FEB 2023

Help to shape Nycil's Future!

Services allowing you to live independently, in the way you want, can be a bit hit and miss throughout North Yorkshire. Now the world has returned to some sort of normality, we would like to know what services you would like to see Nycil offering, in addition to the ones we already provided.

Some services we may be able to set up ourselves, we maybe able to persuade others to set up, some we maybe able to facilitate user led groups to set up, others may already be there and you want us to let you know how to find them.

We'd be very grateful if you could take the time to answer the questions, by either visiting our website or requesting a paper version with an s.a.e.



Web address is: <https://forms.office.com/e/03jXZP15nw>

Treats Project now offering Table Tennis at DAG

Scarborough DAG is now able to offer Table Tennis as part of its Treats Project

Dates and times for these events are posted online and you can also contact DAG for details, the sessions are held 1st Monday and 1st Friday of the month at the Street.



Chair Ian Whitfield said: "The aim of the sessions is to encourage more people into the ever-growing sport of table tennis. We want everyone to have the opportunity to try new things and keep fit, it is also to introduce and widen options to make it easier for everybody to try new things and participate in activities of their choice".

Equipment will be provided and there will be refreshments as well.

If you're interested please contact DAG on 01723 480029

Have you got an interesting story or an event/group you'd like us to promote?

Get in touch and we'll include it in our next newsletter, for free!* Please contact us at:

Nycil, Unit 26 Cayley Court, Hopper Hill Road, Scarborough, YO11 3YJ

Tel: 01723 588002 **E-mail:** admin@nycil.org.uk **Website:** www.nycil.org.uk

If you no longer wish to receive our newsletter please let us know.

**items for inclusion are at the Editor's discretion and must be appropriate to the nature of the charity*

INDEPEN Dance
CLUB NIGHTS
Valentines Ball

Exclusively for people with disabilities (18+)

TONED DOWN MUSIC & SENSORY LIGHTS

PHOTOGRAPHS TAKEN WITH CONSENT FOR SOCIAL MEDIA

LOVE IS IN THE AIR... DRESS TO IMPRESS

SANCTUARY BAR & NIGHTCLUB SITUATED AT: No 4 ST NICHOLAS STREET, SCARBOROUGH

THURSDAY	LIVE DJ & DANCEFLOOR BANGERS!	7.00pm
16th	£2.50 ENTRY ON THE DOOR <i>Careers/family etc free entry</i>	till
February		9:30pm

FOR MORE INFO CALL KATE ON 07527107444



Small Businesses we need you!

Are you a small business that cares about the people in your community?
Or would you like help to set up a business, providing services to help people stay independent in their own homes.

We want to hear more about:

- Your experiences and business journey
- Your support and training needs
- Growing good connections locally

Where: St Johns Church, Filey, YO14 9AU

When: Monday 27th February

Time: 1.00-3.00pm

Contact us for more information
E: dawn@carersplus.net
T: 01723 850155





EVERYONE CAN KEEP ACTIVE

INCLUSIVE SPORTS DAY AT SCARBOROUGH SPORTS VILLAGE

Saturday 4th March • 4-7pm

- A chance to try out sensory swimming between 4-5pm
- Swimming with Scarborough Disabled Swimming Group
- Have a go at the Paralympic sport of Boccia with ScarBoccia
- Flat green bowling with help from Bowls "n" Buggies
- Disability football with Scarborough Athletic Football club

As well as information from Scarborough and district Mencap, Mind, disability action group, treats and more.

For more details ask in centre, call 01723 377500 or visit www.everyoneactive.com/centre/scarborough-sports-village

Scarborough Sports Village
Ashburn Road, Off Valley Road
YO11 2JW




Scarborough Sports Village logo:  SC SPORTS DEVELOPMENT

Facebook.com/ScarSports | @everyoneactive | @everyoneactive

Everyone Active manages this facility in partnership with Scarborough Borough Council.