



Nycil News

ISSUE 2
NOVEMBER 2022



The North Yorkshire Home Efficiency Fund will help reduce energy bills, keep homes warmer and reduce carbon emissions.

Funding has been secured from the Government as part of their pledge to upgrade inefficient homes. The council is working with energy experts YES Energy Solutions to qualify residents for the scheme. Homeowners and private renters can apply if they think they meet the eligibility criteria and their property is suitable

Are you eligible?

The North Yorkshire Home Efficiency Fund will help residents living in homes with poor energy efficiency ratings who also have a low income. To qualify resident's must have a household income of £30,000 or less, or receive income related benefits

Is your property eligible?

You must also live in a property with an Energy Performance Certificate (EPC) rating of E, F or G. (EPC band D is accepted if there's fewer than 30% D rated properties signed up to the scheme). Your property type and structure will impact what measures and funding you can receive.

What could you receive?

If you qualify, your property will undergo a survey to see which improvements would improve its warmth and efficiency the most.

Examples of what you could receive for free include: External wall insulation, Loft insulation, Cavity wall insulation, Solar panels (PV), Air source heat pump

How to apply

If you are a householder interested in the scheme, please call YES Energy Solutions.

T: 03301 355 321 or visit www.yesenergysolutions.co.uk/contact-us

(For privately rented properties, landlords are required to make a contribution to cover one third of the total costs of the measures installed).

Dementia Friendly Film: Carousel (1956, U) At the Stephen Joseph Theatre - Friday 25th November

"Fifteen years after his death, a carousel barker is granted permission to return to Earth for one day to make amends to his widow and their daughter".

Living Well With Dementia films are fun and social events for people living with dementia and their friends, family and carers. The screenings have a short talk (and sing along if it's a musical) before the screening, a tea and coffee break (refreshments are provided) and another quick sing before the second part of the film.

£8, £7 concessions, £6 Circle/Under 30s/NHS Staff/Dementia Friendly, carers go free.

SJT



Have you got an interesting story or an event/group you'd like us to promote?

Get in touch and we'll include it in our next newsletter, for free!* Please contact us at:

Nycil, Unit 26 Cayley Court, Hopper Hill Road, Scarborough, YO11 3YJ

Tel: 01723 588002 **E-mail:** admin@nycil.org.uk **Website:** www.nycil.org.uk

If you no longer wish to receive our newsletter please let us know.

**items for inclusion are at the Editor's discretion and must be appropriate to the nature of the charity*



Scarborough Athletic FC Seagulls

FREE football coaching for children with a range of disabilities

New Season 22/23

NEXT SESSIONS

24 September 2022

22 October 2022

26 November 2022

14 January 2023

25 February 2023

25 March 2023

22 April 2023, 20 May 2023

17 June 2023, 15 July 2023

12:00 to 1:30pm

Book at - <https://hawkeshealth.class4kids.co.uk>

All at Raincliffe Sports Hall on Lady Edith's Drive YO12 5RL

We meet for training and football fun usually once a month. There is no charge for any of the sessions or equipment. All we ask is that all children are accompanied by a responsible adult for the whole session. We meet at Raincliffe Sports Hall on Lady Edith's Drive in Scarborough. All our sessions are run by professional coaches from Hawkes Health, Fitness and Coaching.

For information please search "Scarborough Athletic FC Seagulls" on Facebook.

"It's only a beautiful game if everyone can play"



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visit www.warmwelcome.uk

SLIPPER SOCIAL

SCARBOROUGH LIBRARY
THURSDAY 17TH NOVEMBER
10.30AM TILL 12:00PM



COME ALONG TO SCARBOROUGH LIBRARY FOR REFRESHMENTS AND PICK UP A FREE PAIR OF SLIPPERS WHICH WILL HELP PREVENT TRIPS AND SLIPS IN THE HOME. LOCAL ORGANISATIONS WILL BE ON HAND TO SHARE HINTS AND TIPS ON HOW TO STAY FIT AND SAFE DURING THE WINTER MONTHS.



ScarBOCCIA Inclusive Sport

Fun for Everyone

Activities ScarBOCCIA offer at the Sports Village

Every Tuesday 3 to 5 pm - Cost £4 per person per session

- Boccia (Our primary Paralympic Sport) - similar to bowls using a softer pellet ball
- New Age Curling
- Sensory Games & Challenges for fun & Team Training for Competitions
- Target Games



Activities Available on Request are:-

- Indoor Archery
- Wheelchair/Seated Volleyball
- Various other activities & sports - equipment may be located at our other hubs

ScarBOCCIA other hubs - Cost £2 per session

Contact ScarBOCCIA

ScarBOCCIA Facebook Page

www.scarboccia.co.uk

Twitter @ScarBOCCIA

carboccia@gmail.com

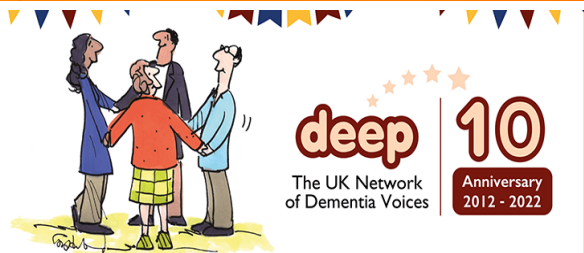
07817150614

The Street - Monday's 11 to 12 noon from 26th Septembers 2022 Everyone Welcome!

Hungate Centre Pickering - Wednesday's 11 to 1 pm

Everyone Active Leisure Centre Whitby - Thursdays 11.30 to 1.30 pm from 22nd September 2022

Filey Sports Club at 11 to 12.30 from Wednesday 12 October 2022



deep The UK Network of Dementia Voices

Coastal Dementia Pals (formerly DEEP Vibes) in Scarborough. The group supports people living with dementia and carers, to work together to create positive change in their community.

It is also a great place for you to meet and get support from people in a similar situation to yourself.

Coastal Dementia Pals meet every week. To get involved please contact Irene Jervis:

Irene Jervis - 01723 371958

irene.jervis@dementiaforward.org.uk